

March

Saturday 2

Irish Nephrology Nurses Association (INNA) 15th annual conference and AGM, Brú Columbanus, Wilton, Cork. Contact Geraldine Scannell: geraldine.scannell@hse.ie or Tel: 021 423 4012

Wednesday 13

OHN Section eastern regional meeting, INMO HQ, 12.30pm. 'Nutrition and weight loss - Educating nurses to empower employees for better health'

Saturday 23

Class reunion of King's College Hospital, London, nursing graduates 1988, Doubletree by Hilton London Westend. Contact Valerie Connolly, email: valvirgo1@gmail.com

April

Monday 8

Nurse Tutors Clinical Teachers Section meeting, INMO HQ, 11.30am. Contact: jean@inmo.ie or Tel: 01 664 0648

Friday/Saturday 12-13

ODN Section annual conference, Crown Plaza Hotel, Santry, Dublin. Contact: jean@inmo.ie or Tel: 01 664 0648

Saturday 20

School Nurses Section meeting, 11am, INMO HQ. Contact: jean@inmo.ie or Tel: 01 664 0648

April 23

ADON Section meeting, 11am, INMO HQ. Contact: jean@inmo.ie or Tel: 01 664 0648

May

Wednesday/Friday 8-10

INMO ADC, Mount Errigal Hotel, Letterkenny, County Donegal

Tuesday 14

SALO networking group meeting, 12pm, INMO HQ. Contact: jean@inmo.ie or Tel: 01 664 0648

Thursday 23

Retired Nurses and Midwives Section meeting, 11am, INMO HQ. Contact: jean@inmo.ie or Tel: 01 664 0648

RNID Section Legal Education Day, 9.30am-12.30pm. Fee €30 members/€70 non-members. To book, Tel: 01 663 0641/2.

RNID Section meeting, INMO HQ, 12.30-1.20pm.

Friday 17

Irish Nurses Golf Society annual outing, Dundalk Golf Club, €50. Theme: Suicide Prevention. Send

your name, club and fee to: Joan McAdam, Marlbog Road, Haggardstown, Dundalk, Louth. Contact: pjemcadam@gmail.com or Tel: 087 365 5911 (please call from April 4, 7-10pm)

Saturday 25

Community Nurses Section meeting, 12pm. INMO HQ. Contact: jean@inmo.ie or Tel: 01 664 0648

June

Friday 7

Annual OHN Section conference, Cork. For further information, contact: jean@inmo.ie or Tel: 01 664 0648

Monday 10

Nurse Tutors Clinical Teachers Section meeting, 11.30pm, INMO HQ. Contact: jean@inmo.ie or Tel: 01 664 0648

Friday 21

LGBT nurse and midwives conference and Dublin Pride. Contact: clare@inmo.ie

Thursday 17

Annual Joint Midwives Conference, Crowne Plaza Hotel, Dublin Northwood, Santry. Contact: jean@inmo.ie or Tel: 01 664 0648

Condolences

❖ The INMO would like to offer condolences to Margaret Frahill on the death of her brother Eustace Burke

❖ The Cork HSE Branch and INMO office wish their sympathy to Liz O'Sullivan, nurse rep in Bantry, on the death of her mother, Maureen (Rancher) O'Sullivan

❖ The Cork HSE Branch and INMO office extend their sympathy to Helen Carey (retired nurse rep at Bon Secours Hospital Cork) on the recent death of her husband, Dermot

Congress

❖ The ICM 30th Triennial Congress will take place in Prague on June 1-5, 2014. Registration is now open at a 25% reduced discount rate before June 30. For details go to www.midwives2014.org

INMO Library Opening Hours

March 2013
Monday-Friday: 9am-4.45pm



For further information on the library and its services, please contact:

Tel: 01-6640 625/614 Fax: 01-661 5012, Email: library@inmo.ie

My Abbreviated Hospital Stay

*Yesterday I went to see my GP
I was feeling tired and a bit SOB
He examined me and said I'm not
quite certain
But I think you might have a chest
infection*

*I want you to go to A&E
For X-rays and tests and they will see
if they can treat you with oral meds
Or if you need IV ABX.*

*Chest X-ray taken and bloods were
sent
While I waited patiently to see how
things went
But the doctor came in and said with
a sigh
The news is not good and I'll tell you
why*

*Your sats are low and your temp is
high
I've diagnosed you with LRTI
You've a low HB and a high LIFT
But sure that was all double dutch
to me*

*The nurse requested an MSU
But I couldn't pee so what could I do
Don't worry she said we'll insert a UC
Now what in God's name are they
doing to me?*

*When that ordeal was over I felt quite
tired
So I thought I'd retire to bed for the
night
But the doctor came in and said once
again
I'm starting you on an IV antibiotic
regime*

*They admitted me upstairs to a
medical bed
Now we'll give you some O2 via nasal
specs
There's the toilet and this is your bell
And we need to ask you some
questions as well*

*Now what do they usually call you at
home
Can you walk on your feet, are your
teeth all your own
Did you ever have MRSA in the past
Well I wondered how long this inter-
rogation would last*

*Do you have a past medical history
Are you on any meds, have you an
allergy
With all of the questions I felt sicker
than ever
If they don't leave me alone I'll never
get better*

*Now sir you do have a low HB
So we'll give you two units of RBC
With your C2H5 history and raised LFT
We need to detox you IV OD*

*Well I looked at the doctor, quite
aghast
What in the name of God was all that
Now what was C2H5 supposed to be
While I still have my senses I should
break free*

*This frustration was pushing me close
to the brink
'Twas enough to drive me to the pub
for a drink
We see you have a UTI as well
Is there anything else they've forgotten
to tell*

*Well between the drips infusions meds
and transfusions
I woke up this morning in utter
confusion
I couldn't remember what day it was
Or what I was doing in this hospital
ward*

*The doctor said I needed a CT of my
brain
In case this should ever happen again
And they've asked my NOK to come in
To discuss my deteriorating condition
with them*

*They've made a decision, I'm now NFR
I don't know what that means or what
is it for
I better get out while I still can
So I'm taking my discharge, they can
scrap their care plan*

*So now I'm off home to my auld
feather bed
I need peace and quiet and comfort
instead
I can smoke when I like and no one
asks why
And if the drink doesn't kill me I'll live
till I die!*

- Breda Hyland